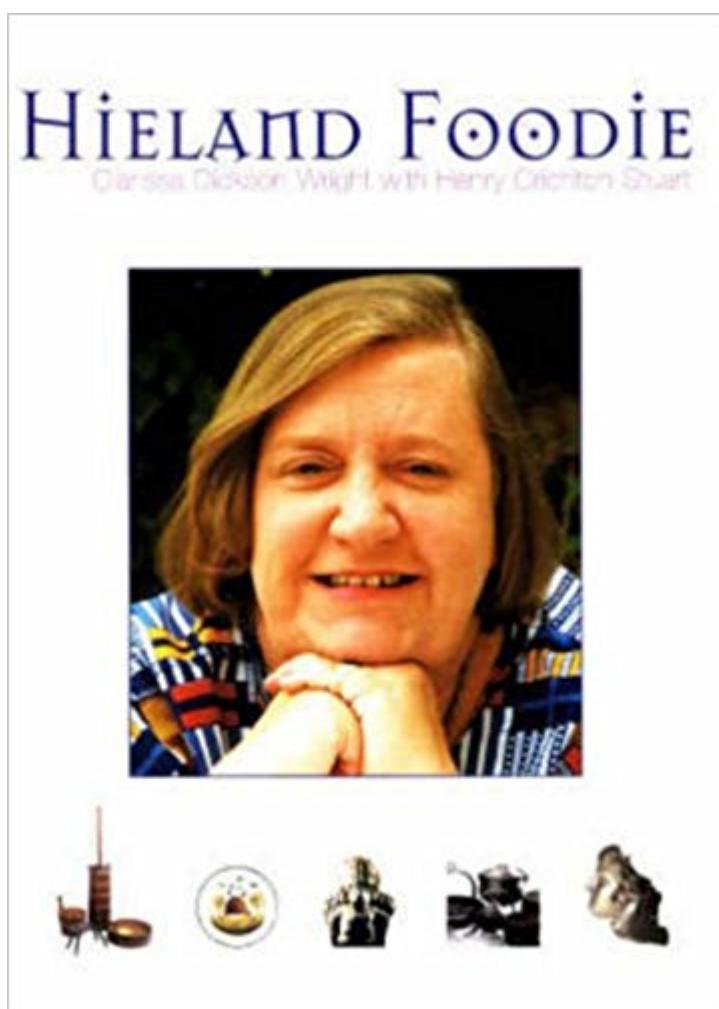


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# Hieland Foodie: A Culinary Journey With Clarissa Dickson Wright



## **Synopsis**

Join Clarissa on a culinary journey through Scotland's past. Authentic recipes are brought to life with anecdotes and artefacts from history. Discover the dishes relished by Romans and royalty, authors and poets, highlanders and islanders, and see just how well our ancestors ate. Clarissa says in her Introduction: 'This book is by no means exhaustive. It is an amuse-geule to tempt you, and show you that our ancestors ate good and interesting food...It is a historic taster into which you can dip for a feel of the country through the ages, whether the high life of Mary Stuart, the simple croft, the Age of Enlightenment, or the deep-fried Mars Bar of today.'

## **Book Information**

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## **Customer Reviews**

Join Clarissa on a culinary journey through Scotland's past. Authentic recipes are brought to life with anecdotes and artefacts. Discover the dishes relished by Romans and royalty, authors and poets, highlanders and islanders, and see just how well our ancestors ate. Best known as a TV cook, Clarissa has a cookery bookshop at the Grassmarket, a caf at Lennoxlove House, family home of the Dukes of Hamilton, and is Rector of Aberdeen University. After an illustrious career in the wine and spirit trade and involvement organising the Scottish Game Fair, Henry Crichton Stuart is now in partnership with Clarissa at the Cook's Bookshop.

Clarissa Dickson Wright is best known as a TV cook, as one of the 'Two Fat Ladies' with Jennifer Paterson. She lives in Scotland.

What a delightful little book to dream about Scotland and contemplate baking something simple like Balmoral Dessert Biscuits before I order a leg of mutton.

This is a nice "little" book and I am a big TFL fan. However unless you are looking for a history of Scottish food, you may want to pass on this one.

This is a fun and very charming book. It's possible that the negative reviews are due to expecting something different from this cookbook, comparing it to others Clarissa has put together from her TV show. Here we have a collection of Scottish fare as it was served by royalty, authors, poets, and by the Roman conquerors of the Scottish Isles. The text is illustrated with many photos of cooking utensils, artifacts, vintage photographs, shop signs, food labels, tartans, and so on. Anyone with Scottish heritage or in love with the history and lore of Scotland will be delighted with this book. The recipes actually are doable (Matius' Ragout is delicious, as are the incredible Oyster Loaves. The Scones recipes are lovely too, and the Balmoral Dessert Biscuits come out beautifully. Next on our list is the Buttered Oranges, and we're eager to try the Leg of Mutton with Lemons.) As a cookbook collector and lover of unusual, authentic fare, I heartily recommend this cookbook. It is beautifully put together, and the co-author Henry Crichton-Stuart (who persuaded Clarissa to do this book) adds some wonderful historical background throughout the book. Crichton-Stuart apparently was able to get his cousin Lord Bute of the Museum of Scotland involved in the project, which has led to the wonderful photographs and illustrations of historic Scotland.

A thinner book than I envisioned, but could only have been improved by being longer. Lots of historical titbits and lovely background on recipes surrounding the mystique of the Scottish Highlands- a gem!

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